

Group #TBD

Tower Motor Company

Medical Customer Service

888-217-2363 or medical@modahealth.com

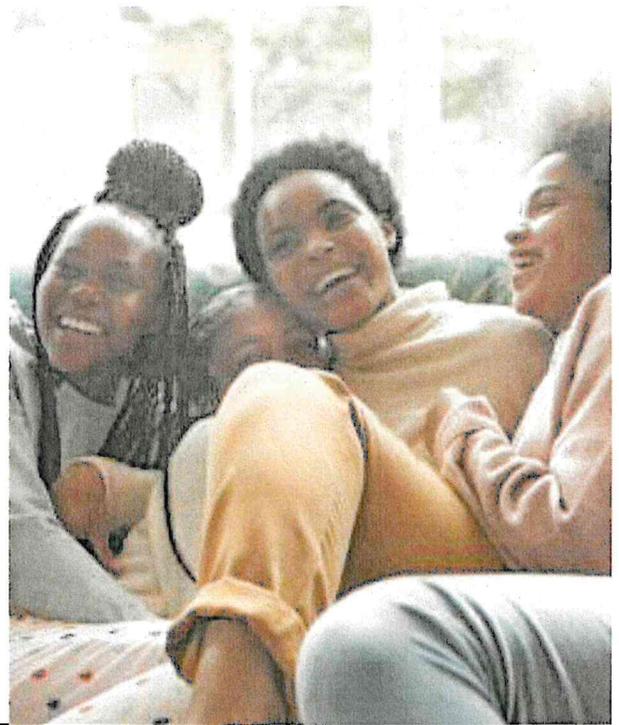
Pharmacy Customer Service

888-361-1610

Customer Service hours

Monday through Friday, 7:30 a.m. - 5:30 p.m. PST

modahealth.com



Have questions? Need help?

We have your insurance needs covered!

- Questions about your Benefit Package
- Enrollment Changes
(i.e. name/address change, adding/deleting dependents, etc.)
- Claims (and claims reimbursement) Assistance
- ID Card Orders
- Prescription Inquiries
- Provider Inquiries



The Vigue Company

Group and Individual Health Insurance Benefits

President: Heidi Howard • Email: heidi@theviguecompany.com

Account Manager: Jami Quinn • Email: jami@theviguecompany.com

598 Anderson Avenue, Coos Bay, OR 97420 • www.theviguecompany.com

Telephone: 541-267-7340 • Fax: 541-267-4457

Monday - Friday • 8:00 am – 5:00 pm

TOWER MOTOR COMPANY – 2026 MEDICAL PLAN COMPARISON

ASSOCIATED INDUSTRIES TRUST (MODA HEALTH)

PLAN BENEFIT	BUY-DOWN PLAN	BASE PLAN	BUY-UP PLAN	
	Connexus PPO 6000 \$6,000 Ded., \$45*/65 OV, 50% Coinsurance Rx, EAP, AltCare, Vision	Connexus PPO 5000 \$5,000 Ded., \$45*/65 OV, 35% Coinsurance Rx, EAP, AltCare, Vision	Connexus PPO 2500 \$2,500 Ded., \$30*/50 OV, 30% Coinsurance Rx, EAP, AltCare, Vision	
Annual Deductible Per Calendar Year (PCY)	In-Network: \$6,000 Ind/\$12,000 Fam Out-of-Network: \$12,000 Ind/\$24,000 Fam	In-Network: \$5,000 Ind/\$10,000 Fam Out-of-Network: \$10,000 Ind/\$20,000 Fam	In-Network: \$2,500 Ind/\$5,000 Fam Out-of-Network: \$5,000 Ind/\$10,000 Fam	
Out-of-Pocket Maximum PCY (Includes Deductible)	In-Network: \$10,150 Ind/\$20,300 Fam Out-of-Network: \$20,300 Ind/\$40,600 Fam	In-Network: \$10,000 Ind/\$20,000 Fam Out-of-Network: \$20,000 Ind/\$40,000 Fam	In-Network: \$7,500 Ind/\$15,000 Fam Out-of-Network: \$15,000 Ind/\$30,000 Fam	
*Office Visit Copay Benefit Structure	The first 3 in-network PCP, Mental/Behavioral Health visits combined are covered at a \$5 copay PCY.			
Office Visit Copay	Primary Care Provider (PCP): *\$45 Copay Specialist: \$65 Copay	Primary Care Provider (PCP): *\$45 Copay Specialist: \$65 Copay	Primary Care Provider (PCP): *\$30 Copay Specialist: \$50 Copay	
Diagnostic & Therapeutic Radiology & Lab	Deductible Waived; Covered at 50%	Deductible Waived; Covered at 65%	Deductible Waived; Covered at 70%	
Advanced Imaging: CT/PET Scans, CATH Labs & MRI's	Subject to Deductible; Covered at 50%	Subject to Deductible; Covered at 65%	Subject to Deductible; Covered at 70%	
Ambulance: Air & Ground	Subject to Deductible; Covered at 50%	Subject to Deductible; Covered at 65%	Subject to Deductible; Covered at 70%	
Emergency Room	Subject to Deductible; \$250 Copay; Covered at 50%	Subject to Deductible; \$250 Copay; Covered at 65%	Subject to Deductible; \$250 Copay; Covered at 70% <i>Ded. Waived on Facility</i>	
Mental/Behavioral Health Outpatient Services	*\$45 Copay	*\$45 Copay	*\$30 Copay	
Prescription	\$2/\$10/\$45/\$75/\$10/20%/30% Medicare Part D Creditable			
Physical Therapy Outpatient Services	Deductible Waived; Covered at 50% (30 visits PCY)	Deductible Waived; Covered at 65% (30 visits PCY)	Deductible Waived; Covered at 70% (30 visits PCY)	
Acupuncture & Chiropractic	\$45 Copay; 12 Visits (A), 20 Visits (C) PCY	\$45 Copay; 12 Visits (A), 20 Visits (C) PCY	\$30 Copay; 12 Visits (A), 20 Visits (C) PCY	
Vision	VSP: \$25 Exam; \$220 Frame Max. PCY			
Additional Feature	Employee Assistance Program (EAP – Canopy)			
EMPLOYEE MONTHLY MEDICAL PLAN COST*	ESTIMATED* RATES EFFECTIVE 01/01/2026 THROUGH 12/31/2026			
<i>Based on Employer Contribution of 70% EE/0% DEP to Base Plan</i>	Employee Only	\$197.79	Employee Only	\$325.91
	Employee + Spouse	\$1,168.98	Employee + Spouse	\$1,463.67
	Employee + Family	\$1,850.03	Employee + Family	\$2,260.04
	Employee + Child(ren)	\$871.62	Employee + Child(ren)	\$1,115.06

***Rates shown above are based on census data presented for quotes. Final rates subject to change based on actual enrollment.**

Unless specified otherwise, benefits above reflect In-Network coverage only. Most Out-of-Network services are subject to deductible and coinsurance. **Out-of-Network services may also be subject to balance billing.**

- This comparison is intended as a summary of the benefit plans. It is not a guarantee of coverage and does not provide a full description of benefits.
- Any errors or omissions made in the creation of this plan comparison are unintentional.

2026 Medical plan benefit summary



BUY-DOWN PLAN

This summary is for quoting purposes only

Connexus \$6000_\$10150_\$45/\$65_50%

	In-network you pay	Out-of-network you pay ¹
Calendar year costs		
Deductible per member	\$6,000	\$12,000
Deductible per family	\$12,000	\$24,000
Out-of-pocket maximum including deductible per member	\$10,150	\$20,300
Out-of-pocket maximum including deductible per family	\$20,300	\$40,600
Care and services		
ACA preventive care visit	\$0*	Not covered
PCP office visit ²	\$45*	50%
CirrusMD virtual visit	\$0*	N/A
Other virtual visit ²	\$45*	50%
Specialist visit	\$65*	50%
Urgent care visit	\$65*	50%
Outpatient behavioral health / substance use disorder visit ²	\$45*	50%
Acupuncture care, spinal manipulations ³	\$45*	50%
Maternity care		
Practitioner services	50%	50%
Hospital stay	50%	50%
Hospital inpatient / outpatient services		
Inpatient care	50%	50%
Skilled nursing facility care (60 days per year)	50%	50%
Outpatient hospital / facility	50%	50%
Outpatient diagnostic x-ray and lab	50%*	50%
Advanced imaging (MRI, CT, CAT, PET scans)	50%	50%
Emergency room: facility		\$250/50%
Emergency room: physician, lab and other services		50%
Other covered services		
Outpatient rehabilitation (30 sessions per year)	50%*	50%
Therapeutic injections	50%	50%
Durable medical equipment (DME) / prosthetics	50%	50%
Ambulance service		50%
Home health, hospice, and respite care (limits may apply)	50%	50%

* Deductible waived.

¹ Out-of-network member responsibility is based on the maximum plan allowance for these services.

² In-network: First 3 visits (including in person or virtual PCP, outpatient behavioral health, substance use disorder visits) \$5/visit. Member must choose Primary Care Physician.

³ 12 visit limit for acupuncture, 20 visit limit for spinal manipulations.

This is a summary of the medical benefits and is not a contract. If there is any discrepancy between the information in this summary and the contract, it is the contract that will control.

This document is provided for informational purposes only, and is intended for licensed and appointed producers of Moda Health. It is not considered a Summary of Benefits and Coverage (SBC), and should not be distributed to employers or their employees as a replacement for the SBC.

www.modahealth.com

2026 Medical plan benefit summary



BASE PLAN

This summary is for quoting purposes only

Connexus \$5000_\$10000_\$45/\$65_35%

	In-network you pay	Out-of-network you pay ¹
Calendar year costs		
Deductible per member	\$5,000	\$10,000
Deductible per family	\$10,000	\$20,000
Out-of-pocket maximum including deductible per member	\$10,000	\$20,000
Out-of-pocket maximum including deductible per family	\$20,000	\$40,000
Care and services		
ACA preventive care visit	\$0*	Not covered
PCP office visit ²	\$45*	50%
CirrusMD virtual visit	\$0*	N/A
Other virtual visit ²	\$45*	50%
Specialist visit	\$65*	50%
Urgent care visit	\$65*	50%
Outpatient behavioral health / substance use disorder visit ²	\$45*	50%
Acupuncture care, spinal manipulations ³	\$45*	50%
Maternity care		
Practitioner services	35%	50%
Hospital stay	35%	50%
Hospital inpatient / outpatient services		
Inpatient care	35%	50%
Skilled nursing facility care (60 days per year)	35%	50%
Outpatient hospital / facility	35%	50%
Outpatient diagnostic x-ray and lab	35%*	50%
Advanced imaging (MRI, CT, CAT, PET scans)	35%	50%
Emergency room: facility		\$250 /35%
Emergency room: physician, lab and other services		35%
Other covered services		
Outpatient rehabilitation (30 sessions per year)	35%*	50%
Therapeutic injections	35%	50%
Durable medical equipment (DME) / prosthetics	35%	50%
Ambulance service		35%
Home health, hospice, and respite care (limits may apply)	35%	50%

* Deductible waived.

¹ Out-of-network member responsibility is based on the maximum plan allowance for these services.

² In-network: First 3 visits (including in person or virtual PCP, outpatient behavioral health, substance use disorder visits) \$5/visit. Member must choose Primary Care Physician.

³ 12 visit limit for acupuncture, 20 visit limit for spinal manipulations.

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2026 Medical plan benefit summary



BUY-UP PLAN

This summary is for quoting purposes only

Connexus \$2500_\$7500_\$30/\$50_30%

	In-network you pay	Out-of-network you pay ¹
Calendar year costs		
Deductible per member	\$2,500	\$5,000
Deductible per family	\$5,000	\$10,000
Out-of-pocket maximum including deductible per member	\$7,500	\$15,000
Out-of-pocket maximum including deductible per family	\$15,000	\$30,000
Care and services		
ACA preventive care visit	\$0*	Not covered
PCP office visit ²	\$30*	50%
CirrusMD virtual visit	\$0*	N/A
Other virtual visit ²	\$30*	50%
Specialist visit	\$50*	50%
Urgent care visit	\$50*	50%
Outpatient behavioral health / substance use disorder visit ²	\$30*	50%
Acupuncture care, spinal manipulations ³	\$30*	50%
Maternity care		
Practitioner services	30%	50%
Hospital stay	30%	50%
Hospital inpatient / outpatient services		
Inpatient care	30%	50%
Skilled nursing facility care (60 days per year)	30%	50%
Outpatient hospital / facility	30%	50%
Outpatient diagnostic x-ray and lab	30%*	50%
Advanced imaging (MRI, CT, CAT, PET scans)	30%	50%
Emergency room: facility		\$250*/30%
Emergency room: physician, lab and other services		30%
Other covered services		
Outpatient rehabilitation (30 sessions per year)	30%*	50%
Therapeutic injections	30%	50%
Durable medical equipment (DME) / prosthetics	30%	50%
Ambulance service		30%
Home health, hospice, and respite care (limits may apply)	30%	50%

* Deductible waived.

¹ Out-of-network member responsibility is based on the maximum plan allowance for these services.

² In-network: First 3 visits (including in person or virtual PCP, outpatient behavioral health, substance use disorder visits) \$5/visit. Member must choose Primary Care Physician.

³ 12 visit limit for acupuncture, 20 visit limit for spinal manipulations.

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2026 Prescription Medication Summary



This summary is for quoting purposes only

\$2/\$10/\$45/\$75/\$10/20%/30%

Medication Type	Retail 30-day supply*	Mail-Order 90-day supply*	Specialty 30-day supply*
Value	\$2 copay	\$6 copay	N/A
Select	\$10 copay	\$30 copay	N/A
Preferred	\$45 copay	\$135 copay	N/A
Non Preferred	\$75 copay	\$225 copay	N/A
Select Specialty	N/A	N/A	\$10 copay
Preferred Specialty	N/A	N/A	20% coinsurance
Non Preferred Specialty	N/A	N/A	30% coinsurance

This Rx plan is Medicare Part D creditable.

* Insulin: \$35 maximum cost share per 30-day supply

Value Tier Medications include commonly prescribed medications used to treat chronic medical conditions. They are considered safe, effective and cost-effective compared to other medication options. A list of value tier medications is available on modahealth.com.

Select Tier Medications are the most cost effective options in their therapeutic category. This tier includes generic and certain brand medications, including specialty medications, that are safe, effective and cost effective.

Preferred Tier Medications are medications, including specialty preferred medications, that we have reviewed and found to be safe and effective at a better price compared to other medications in the same therapeutic class and/or category. Generic medications that have not been shown to be safer or more effective than other more cost effective generic medications are included in this tier.

In the Select and Preferred tiers, both generic and brand medications are covered. If you get a brand medication when a generic equivalent is available, you may have to pay the difference in cost between the generic and brand medication.

Nonpreferred Tier Medications are brand medications, including specialty brand medications, that we have reviewed and they do not have significant therapeutic advantage over their preferred alternative(s). These medications generally have safe and effective options available under the Value, Select and/or Preferred tiers.

Specialty Medications are often used to treat complex chronic health conditions. Specialty medications often require special handling and have a unique ordering process. Most specialty medications must be prior authorized.

Generic Medications are medications that have been found by the Food and Drug Administration (FDA) to be therapeutically equivalent to the brand option and will often save you money. Generic medications must have the same active ingredients as the brand version and be identical in strength, dosage form and the way you take them.

If a brand medication is filled by the pharmacy when a generic equivalent is available, the member may have to pay the difference in cost between the generic and brand medication. Expenses incurred due to brand substitution do not count toward the out-of-pocket maximum.

Calendar Year Medical and Prescription Medication Maximum Out of Pocket is combined (please refer to your medical summary)

This is a summary of the pharmacy benefits and is not a contract. If there is any discrepancy between the information in this summary and the contract, it is the contract that will control.

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www.modahealth.com

Make Eye Health a Priority with VSP!

Your health comes first with VSP and Omnitrade PLAN C w/LightCare. Take a look at your VSP vision care coverage.



VSP members save an annual average of

\$471*

More Ways to Save

Extra **\$20** to spend on **Featured Frame Brands†**

bebe Calvin Klein COLE HAAN
 DRAGON. FLEXON LONGCHAMP
 and more

Up to **40%** Savings on **lens enhancements‡**

See all brands and offers at vsp.com/offers.

Create an account today. Questions?

vsp.com or **800.877.7195**

Routine eye exams have saved lives.

Did you know an eye exam is the only non-invasive way to view blood vessels in your body? Your VSP® network eye doctor can detect signs of over 270 health conditions during an eye exam.**

Savings you'll love.

See and look your best without breaking the bank. VSP members get exclusive savings on popular frame brands and contact lenses, and they get additional discounts on things like LASIK, and more.

The choice is yours!



With thousands of choices, getting the most out of your benefits is easy at a VSP Premier Edge™ location.

Shop online and connect your benefits.



Save up to \$250 on Featured Frame Brands when you shop on Eyeconic®, the VSP online eyewear store.

Using your benefit is easy!

Create an account on vsp.com to view your in-network coverage, find the VSP network doctor who's right for you, and discover savings with exclusive member extras. At your appointment, just tell them you have VSP.



Scan QR code or visit vsp.com to learn more.

*Only available to VSP members with applicable plan benefits. Frame brands and promotions are subject to change. †Savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details.
 **Based on state and national averages for eye exams and most commonly purchased brands. This represents the average savings for a VSP member with a full-service plan at an in-network provider. Your actual savings will depend on the eyewear you choose, the plan available to you, the eye doctor you visit, your copays, your premium, and whether it is deducted from your paycheck pre-tax. Source: VSP book-of-business paid claims data for Aug-Jan of each prior year. **Full Picture of Eye Health, American Optometric Association, 2020. †Coverage with a retail chain may be different or not apply.
 VSP guarantees member satisfaction from VSP providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business. TruHearing is not available directly from VSP in the states of California and Washington. Premier Edge™ is not available for some members in the state of Texas.
 To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on vsp.com. Visionworks and Eyeconic are VSP-affiliated companies.
 ©2024 Vision Service Plan. All rights reserved.
 VSP, Eyeconic, and WellVision Exam are registered trademarks, and VSP LightCare™ and VSP Premier Edge are trademarks of Vision Service Plan. All other brands or marks are the property of their respective owners. 102898 VCCM

Your VSP Vision Benefits Summary
 Prioritize your health and your budget with a VSP plan through
 Omnitrade PLAN C w/LightCare.

Provider Network:
 VSP Choice
 Effective Date:
 01/01/2026



BENEFIT	DESCRIPTION	COPAY	FREQUENCY
YOUR COVERAGE WITH A VSP DOCTOR			
WELLVISION EXAM	<ul style="list-style-type: none"> Focuses on your eyes and overall wellness Routine retinal screening 	\$25 for exam and glasses Up to \$39	Every 12 months
ESSENTIAL MEDICAL EYE CARE	<ul style="list-style-type: none"> Retinal imaging for members with diabetes covered-in-full Additional exams and services beyond routine care to treat immediate issues from pink eye to sudden changes in vision or to monitor ongoing conditions such as dry eye, diabetic eye disease, glaucoma, and more. Coordination with your medical coverage may apply. Ask your VSP network doctor for details. 	\$20 per exam	Available as needed
PRESCRIPTION GLASSES			
FRAME*	<ul style="list-style-type: none"> \$220 Featured Frame Brands allowance \$200 frame allowance 20% savings on the amount over your allowance \$110 Walmart/Sam's Club/Costco frame allowance 	Combined with exam	Every 12 months
LENSES	<ul style="list-style-type: none"> Single vision, lined bifocal, and lined trifocal lenses Impact-resistant lenses for dependent children 	Combined with exam	Every 12 months
LENS ENHANCEMENTS	<ul style="list-style-type: none"> Standard progressive lenses Premium progressive lenses Custom progressive lenses Anti-glare coating Average savings of 30% on other lens enhancements 	\$0 \$55 \$55 \$35	Every 12 months
CONTACTS (INSTEAD OF GLASSES)	<ul style="list-style-type: none"> \$200 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation) 	Up to \$60	Every 12 months
VSP LIGHTCARE™*	<ul style="list-style-type: none"> \$200 allowance for ready-made non-prescription sunglasses, or ready-made non-prescription blue light filtering glasses, instead of prescription glasses or contacts 	Combined with exam	Every 12 months
ADDITIONAL SAVINGS	Glasses and Sunglasses	<ul style="list-style-type: none"> Discover all current eyewear offers and savings at vsp.com/offers. 20% savings on unlimited additional pairs of prescription or non-prescription glasses/sunglasses, including lens enhancements, from a VSP provider within 12 months of your last WellVision Exam. 	
	Laser Vision Correction	<ul style="list-style-type: none"> Average of 15% off the regular price; discounts available at contracted facilities. 	
	Exclusive Member Extras for VSP Members	<ul style="list-style-type: none"> Contact lens rebates, lens satisfaction guarantees, and more offers at vsp.com/offers. Save up to 60% on digital hearing aids with TruHearing®. Visit vsp.com/offers/special-offers/hearing-aids for details. Enjoy everyday savings on health, wellness, and more with VSP Simple Values. 	

COVERAGE WITH AN OUT-OF-NETWORK DOCTOR

With so many in-network choices, VSP makes it easy to maximize your benefits. Choose from our large doctor network including private practice and retail locations. Plus, you can shop eyewear online at Eyeconic®. Log in to vsp.com to find an in-network doctor. Your plan provides the following out-of-network reimbursements:

Exam	up to \$45	Lined Bifocal Lenses	up to \$50	Progressive Lenses	up to \$50
Frame	up to \$70	Lined Trifocal Lenses	up to \$65	Contacts	up to \$105
Single Vision Lenses	up to \$30				

Use Find Care to locate a provider near you

Our provider directory tool can help you save money when seeking care.

Find Care, our online provider directory tool, makes it easy for you to locate an in-network provider by name, provider type, specialty, network, location, gender identity and more. Plus, finding an in-network medical provider that's right for you can also save you out-of-pocket costs.

How to find a provider

You can search for providers with your subscriber ID number.

Search as a member

- 1 Visit modahealth.com.
- 2 Choose "Find care" to search for a doctor.
- 3 When you log in with your subscriber ID number, Find Care will only show providers in your network. You have options to search for in-network providers near you.

Don't have a Member Dashboard account?

If you don't already have a Member Dashboard account, creating one is easy. Just visit modahealth.com and go to the Member Dashboard section and select "Create an account" to get started. You'll love everything you can do in your Member Dashboard, like check your benefits, use interactive health tools, see your Member Handbook and more.

Search by network or Search as a guest

- 1 If you prefer to search by network or as a guest, you will have a "Network" drop-down option.
- 2 Please refer to your member ID card to make sure you are selecting a provider in your network.
- 3 Under the Network drop-down menu, select Connexus, Aetna PPO through Aetna Signature Administrators, or First Health depending on the network.
- 4 Follow the steps to search for a provider in your network.

Save costs when you choose in-network care

Getting quality care is easier and more affordable when you see "in-network" providers. These doctors, hospitals and clinics agree to accept your insurance at lower rates and meet quality standards. Choosing an in-network provider keeps your out-of-pocket costs low.

In-and out-of-network costs

It's important to know you may pay more for services from out-of-network providers than from in-network providers. If you choose an out-of-network provider, your benefits only cover a percentage of the maximum plan allowance for these services. Out-of-network providers may also bill you for the difference between the maximum plan allowance and their billed charges. This is known as balance billing. In-network Moda Health providers can't do this. Please see your plan summary or your Member Handbook to learn more about in-network and out-of-network benefits and costs.

Questions?

We're here to help. For questions or help finding a provider, please contact the Moda Medical Customer Service team at 888-217-2363.

Member ID card samples

To use your benefits, just have your member ID card ready. It shows your member and group numbers, along with other important details. Hand it to your provider whenever you go in for care.

What does your ID card look like?

Each card is a little different. Your card includes your member ID number and plan provider network. If you have a group plan, the card might also have your employer's logo. Most cards look something like this:

Front

		Networks Connexus
Subscriber/Dependent(s) (0) Kirk R. MEMBER		ID number W22873999
		Group number 10007223
		modahealth.com
<small>Med Ded: Ind INN \$2500/OON \$7500:Fam: INN \$5000/OON \$15000 Med OOP max: Ind INN \$8550/OON \$25650 Fam: INN \$17100/OON \$51300 Learn more: modahealth.com/memberdashboard This card does not certify or guarantee benefits.</small>		

Back

Medical: 888-217-2363 Pharmacy: 888-361-1610 TruHearing: 866-202-0177	
Send claims to: P.O. Box 40384, Portland OR 97240	
Pharmacy Manual Claims: P.O. Box 999 Appleton WI 54912-0999	
PCN: NVT BIN: 610602	Mobile PIN code 7577
 Aetna Signature Administrators @ PPO	Navitus provider inquiries: 844-268-9789
<small>Aetna available outside Moda network for urgent/emergent care only</small>	

Card abbreviation key:

Med	Medical
Ded	Deductible
Ind	Individual
Fam	Family
INN	In-network
OON	Out-of-network
OOP	Out-of-pocket
Max	Maximum

How to read your ID card

Moda Health will display individual, family and group medical plan deductibles and out-of-pocket maximums on the front of physical and electronic member ID cards.

View your card online

It's easy to access your ID card from a computer or smartphone, too. Here's how:

Find it at your Member Dashboard

Visit modahealth.com/memberdashboard. Under the Resources tab, choose "View/download/print ID card" to open a PDF of your member ID card.

Don't have a Member Dashboard account? Create one in seconds. With your member ID card handy, visit modahealth.com/memberdashboard and follow the instructions to enter your information. You'll love everything you can do at your Member Dashboard – check your benefits, review claims, see your Member Handbook, find a health coach and more.

Get the mobile ID app

If you have a smartphone or mobile device, visit your app store and search for "Moda Health ecard." Launch the app by entering your mobile PIN code and subscriber ID. You'll find your PIN code on your PDF card at your Member Dashboard. Easy! You can even email or fax your ID card to providers or family members.

We hope these digital options make getting care a little better.

Questions?

We're happy to help. Just call our customer service team using the number on the back of your member ID card.

If the employee has different benefits from the dependent, only the employee benefits are displayed on the card. For more information, log in to your Member Dashboard account.

Information on this flyer is an overview. For complete information about member ID cards, log in to your Member Dashboard account.



Get your benefits on the go

As a member, you have a personalized Member Dashboard that puts the information you need at your fingertips.

What's in the member dashboard?

The Member Dashboard is a one-stop resource for all you need to get the most out of your plan, including:

If you don't have a Member Dashboard account, creating one is easy. Go to **modahealth.com** and enter your information. Be sure to have your member ID card handy.



ID cards



Provider search



Explanation of Benefits (EOBs)



Digital wellness platform



Benefits overview



Claim status



Customer service contact information



Healthcare cost estimator

Continued on page 2



Access the Member Dashboard on your smartphone

The easiest way to open the Member Dashboard is to add a shortcut on your phone. Anytime you want to access your benefits or resources, just tap the Member Dashboard icon.

On an iPhone

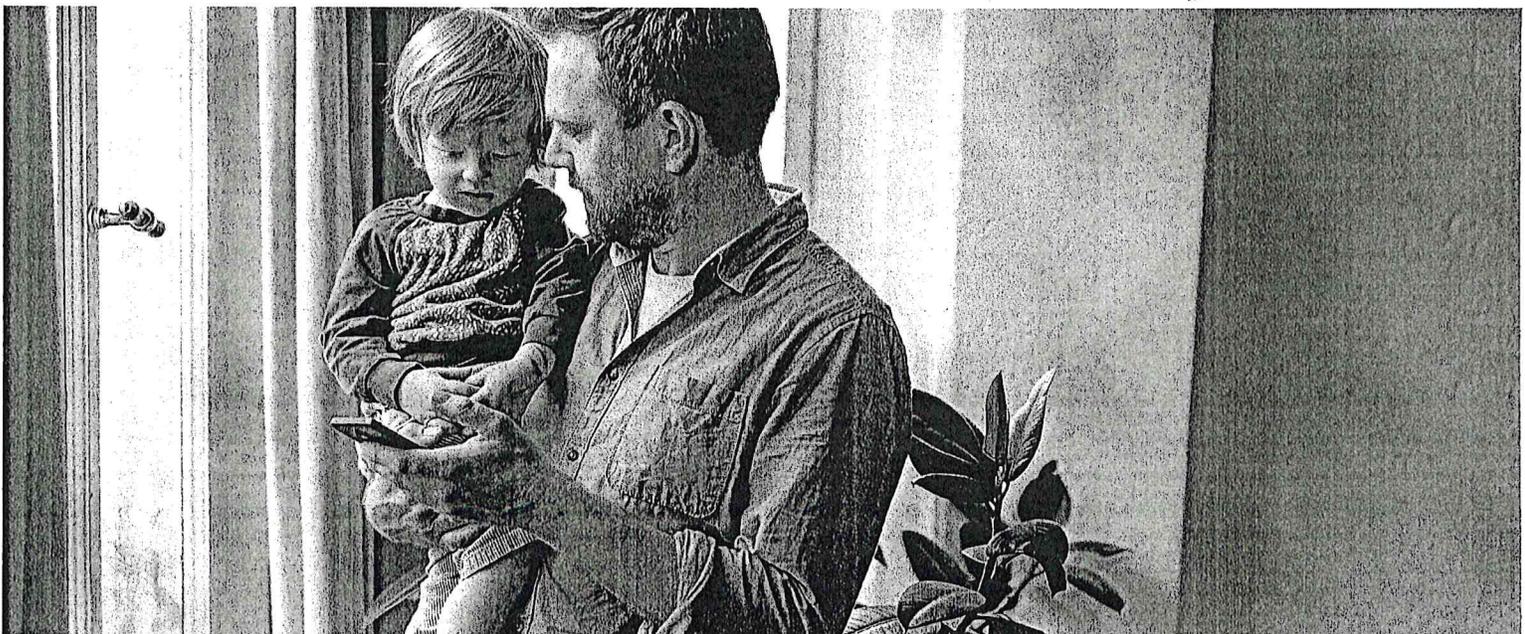
1. Open the browser on your phone and go to **modahealth.com/memberdashboard**
2. From the login screen, tap the Share  icon in the menu at the bottom of the screen
3. From the Share menu (scroll right to see more options), choose "Add to Home Screen"
4. Tap "Add" to confirm

Your phone will now have an icon that says "Login|Member Dashboard."

On an Android device:

1. On your phone, go to **modahealth.com/memberdashboard**
2. Using the menu (three vertical dots) at the top of the screen, choose "Add to Home screen"
3. Tap "Add" to confirm
4. On the next screen, choose "ADD AUTOMATICALLY" so the icon will be placed on your phone

Your phone will now have an icon that says "Login|Member Dashboard."



We've got a health coach just for you!

As a Moda Health member, you have access to a valuable, personalized benefit to help you manage and improve your health. The Moda Health Coaching Program is available at no cost to you as part of your benefits!

You can work one-on-one, confidentially, with a health coach to:

- Set sustainable health goals and move toward them in ways that work best for you
- Better understand your health and how to advocate for yourself
- Manage ongoing health issues like diabetes
- Make healthy changes to manage diet, exercise, stress and more

Health coaching takes place by phone, which makes it easy to connect from just about anywhere.

Get started!

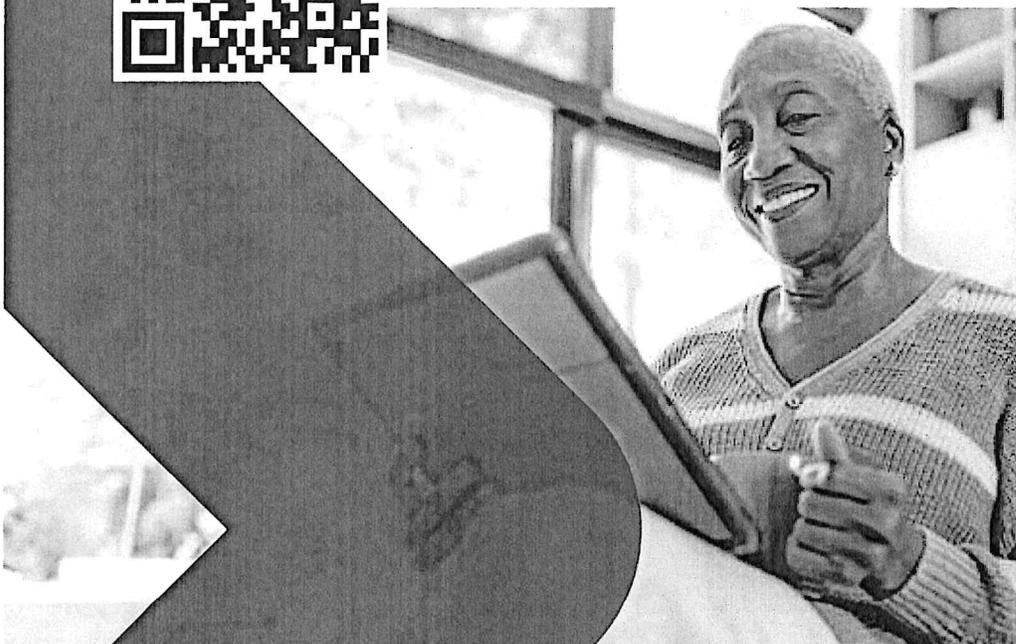
Let us know how and when to contact you by completing a short survey at modahealth.com/hc or by scanning the QR code below with your smart phone. Then, a health coach will reach out to discuss next steps.

Questions?

Please call 855-466-7155 Monday through Friday from 8:00 a.m. to 4:00 p.m. Pacific time, or email healthcoachteam@modahealth.com.



Moda Partners, Inc. complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711). CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY: 711). PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711).



Be informed.

See what medical services will cost you before you have them.

As a Moda Health member, you can use the Healthcare Cost Estimator to see what you will pay, out of your pocket, for medical services. This online tool gives you estimates based on your personal health benefits.

Use the Healthcare Cost Estimator to:

- Browse or search by procedure to get cost estimates based on your health benefits and usage
- Compare costs across providers and clinics
- See how having a procedure will change your balance
- Use the cost breakdown feature to see how much you have spent and how much you have left to spend before you meet your out-of-pocket maximum
- And more...

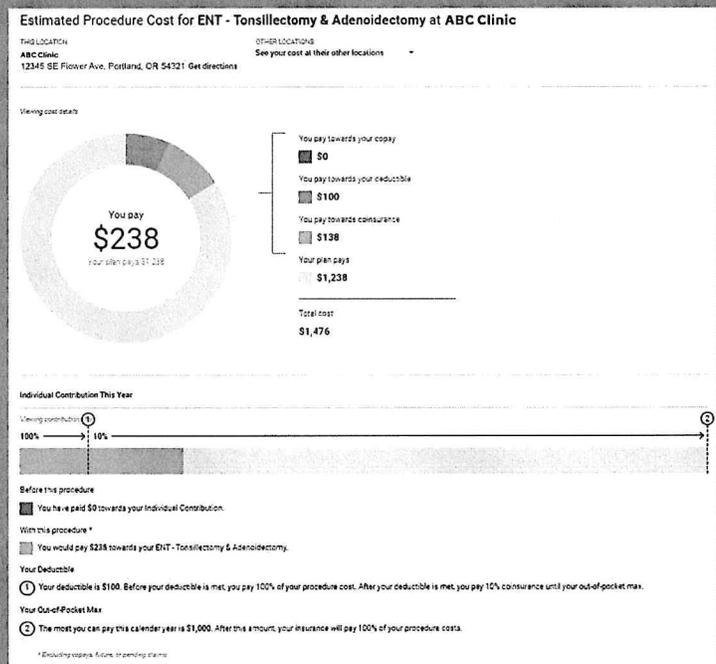
Give it a try!

- Go to modahealth.com/memberdashboard
- Log in to your account. If you don't have an account, you can create one there.
- Click on "Healthcare Cost Estimator"

Questions?

We're here to help. Call us using the number on the back of your identification card. TTY users, please call 711.

Example of cost breakdown feature



Spend your time getting better instead of traveling to get care

Now, you can get urgent care at home – or wherever you like with Virtual Visits.

What are Virtual Visits?

Virtual Visits are video appointments with licensed and board-certified nurse practitioners or physician assistants from Oregon Health & Science University (OHSU). Think of Virtual Visits as virtual urgent care.



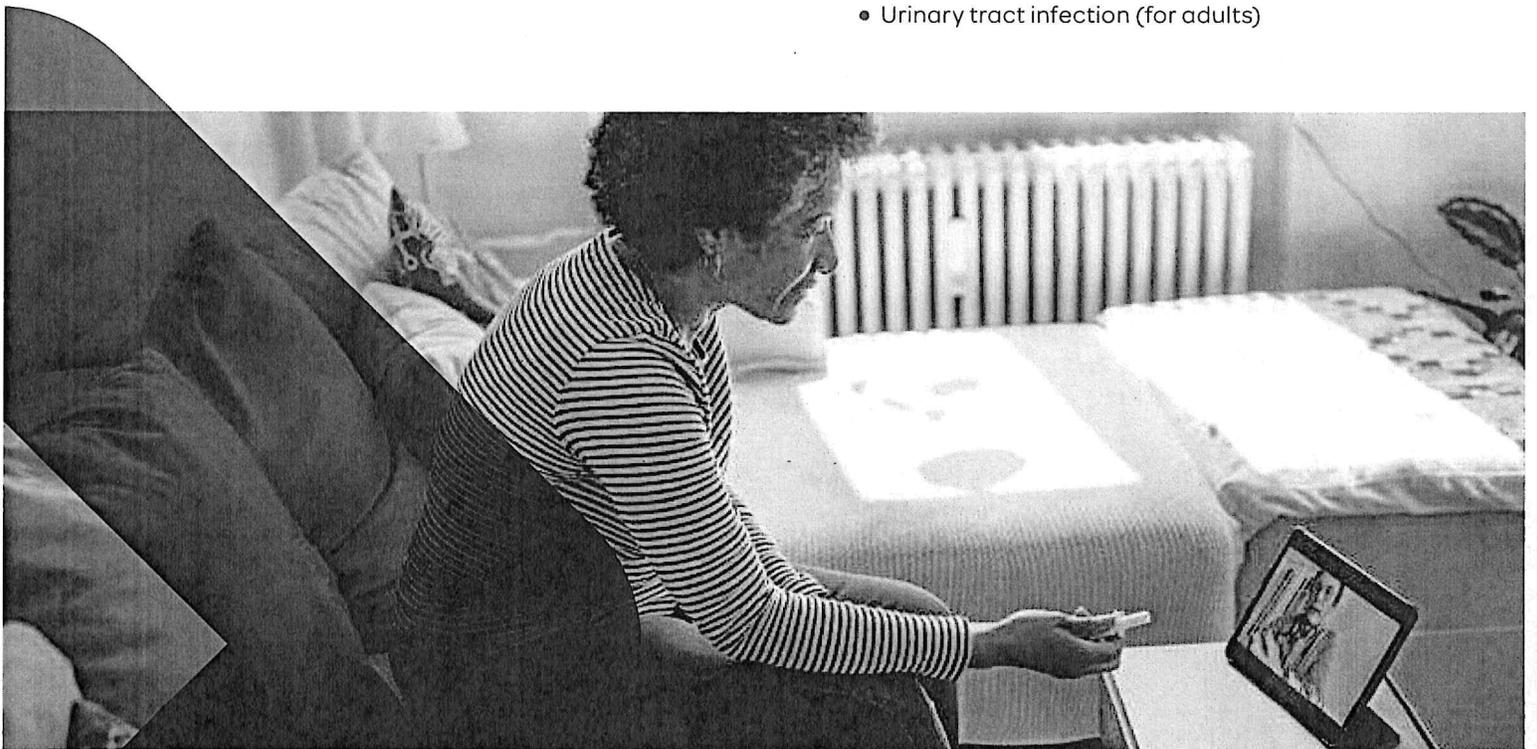
Virtual Visits are available:

From 7 a.m. to 10 p.m.
seven days a week

Why would you use Virtual Visits?

You can use Virtual Visits instead of traveling to an urgent care for many medical conditions that are not emergencies and that may require prescriptions. Conditions* include:

- Allergies
- Asthma
- Back pain (for adults)
- Cough
- Headache (for adults)
- Minor cut, scrape or burn
- Nausea/vomiting
- Sore throat
- Strain or sprain
- Urinary tract infection (for adults)



Virtual Visits are for both adults and children

All Moda Health members over 12 months old can use Virtual Visits.

How much do they cost?

You can find your cost for an Office Visit within the Summary of Benefits section of your Member Handbook. If you need help finding your cost or have questions, please call medical customer service at 888-217-2363. TTY users, please dial 711.

What you'll need for a Virtual Visit

You will need a computer, tablet or smartphone with a webcam, microphone and speakers. If you're using a computer, you will need internet access and one of the following web browsers: Chrome, Firefox, Microsoft Internet Explorer or Safari.

If you're using an Apple iOS or Android smartphone, you will need to install the MyChart Mobile app, which you can get from Apple's App Store or the Google Play store.

How to set up a Virtual Visit

- ① Go to ohsu.edu/healthcare-now/virtual-visits-immediate-care
- ② Schedule an appointment

- ③ Fifteen minutes before your scheduled appointment, log in to your OHSU MyChart account. If you do not have an OHSU MyChart account, you can create one on the Virtual Visits website. After you have logged in, a provider will meet you for your appointment.
- ④ After your appointment, you'll receive an email from MyChart letting you know your after-visit summary is ready to view. Log in to your MyChart account to see the summary and orders for any prescriptions. If you included the name of your primary care physician in your MyChart account, they will automatically receive notes about your visit.
- ⑤ If you have more questions for your Virtual Visits provider, you can send them a message in MyChart.

Questions?

Please call medical customer service at 888-217-2363. TTY users, please dial 711.

Moda, Inc. complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-888-217-2363 (TTY: 711). 注意：如果應線中文，可得到免費語言幫助服務。請致電 1-888-217-23639 (聾啞人專用：711)



Get back to feeling *your best*

Now and then, we can all use a little help to get back on track. Powered by Canopy, the Moda Health Employee Assistance Program (EAP) is a CONFIDENTIAL program with most services provided at no cost to assist you and your eligible family members with any personal concerns, large or small.

The program can help you with a variety of concerns, including:

- Marital conflict
- Conflict at work
- Depression or anxiety
- Stress management
- Family relationships
- Financial / legal / consumer concerns
- Alcohol or drug misuse
- Grieving a loss
- Career development
- Childcare
- Eldercare
- Fertility health
- Identity theft
- Housing support
- Pet parent support

Personal consultation

Get several in-person, phone or virtual counseling sessions per incident. Our EAP professional counselors can help you identify problems, establish goals, make recommendations and develop an action plan for you. You can search for a provider and schedule appointments at my.canopywell.com.

Coaching

Phone or video sessions with a Coach for goal setting, healthy habits and personal development.

Crisis counseling

Our highly trained team of professional counselors are ready to speak to you by phone 24 hours a day, seven days a week.

Legal/Mediation

Each covered member is eligible for a free, 30-minute office or telephone consultation for a separate legal/mediation matter (limit three per year) with an attorney or mediator. If you decide to retain the attorney or mediator after the initial consultation, you will get 25% off of their normal hourly rate.

Financial coaching

You are eligible to receive telephone-based financial coaching from certified financial consultants. Coaches are available for unlimited financial coaching, developing a needs analysis, and an online written action plan to help you develop better spending habits, reduce debt, improve your credit, increase savings, and plan for retirement.

Identity theft services

You are eligible for a free 60-minute consultation with a highly trained Fraud Resolution Specialist™ (FRS). The FRS conducts emergency response activities and helps you restore your identity and good credit, and resolve fraudulent debts. You'll also receive an Emergency Response Kit, outlining ways to repair and manage your identity over time to prevent it from happening again.

Resources for Life

Canopy will help locate resources related to childcare, eldercare, identity theft, housing support.

Home ownership program

We provide assistance and discounts on services related to selling, buying and refinancing a home. Call Moda Health EAP to learn more.

Self Scheduling Portal

Access innovative tools, chat for support, view videos and webinars, and more. To create an account, visit the website my.canopywell.com and choose "register". For "organization name" you will type in "MODA EAP" and select from the drop-down. Complete the registration and select "register". Once you're logged in, you can schedule an appointment and search for a provider using your work email address or code 480395.

Get Started Now

Call: 800-826-9231
Visit: my.canopywell.com

Moda Health EAP is not insurance.

Questions?

For assistance, call 800-826-9231 or text.

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CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY: 711). PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711).

REV6-1072...EAP (6/24)



Global Emergency Services

Your enrollment through Moda Health includes a unique global emergency assistance program provided by Assist America. This program immediately connects you to doctors, hospitals, pharmacies and other services if you experience a medical or non-medical emergency while traveling more than 100 miles away from your permanent residence, or in another country.

One tap on the Assist America app or a simple phone call will connect you to:

- A state-of-the-art 24/7 Operations Center
- Experienced, multilingual crisis management professionals
- Worldwide emergency response capabilities
- Air and ground ambulance service providers
- To activate the services, use the following Assist America reference number: 01-AA-MHP-1181

Medical emergency services



Medical consultation, evaluation & referral

Calls to assist america's operations center are evaluated by multilingual, emergency-certified personnel and referred to qualified healthcare facilities.



Foreign hospital admission assistance

Assist america fosters prompt hospital admission outside the united states by validating the member's health coverage or by advancing funds to the hospital as needed. Funds must be reimbursed within 45 days.



Emergency medical evacuation

If adequate medical facilities are not available locally, assist america will arrange and pay for whatever mode of transport, equipment and personnel necessary to evacuate a member to the nearest facility capable of providing a high standard of care.



Medical monitoring

Assist america's medical personnel will maintain regular communication with the member's attending physician and/or hospital and relay information to the family, as appropriate.



Medical repatriation

If a member still requires medical assistance upon being discharged from a hospital, assist america will arrange and pay for the member to be transported home or to a rehabilitation facility, with a medical or non-medical escort, as necessary.



Prescription assistance

If a member needs a replacement prescription while traveling, assist america will help in filling that prescription. The member is responsible to send the cost of the medicine to moda health for claim payment. Any excluded expenses are the member's responsibility.

NON-MEDICAL EMERGENCY SERVICES



Care of Minor Children

Assist America will arrange for the care of children left unattended as the result of a medical emergency and pay for any transportation costs involved in such arrangements.



Compassionate Visit

If a member is traveling alone and will be hospitalized for more than seven days, Assist America will arrange and pay for economy, common carrier, round-trip transportation to the place of hospitalization for a designated family member or friend.



Return of Mortal Remains

Assist America will arrange and pay for the logistics of returning a member's remains home in the event of his or her death during travel.

Other non-medical emergency assistance services include:

- Return of Vehicle
- Lost Luggage & Document Assistance
- Legal & Interpreter Referrals
- Emergency Message Transmission
- Emergency Trauma Counseling
- Bail Bond & Emergency Cash Coordination
- Pre-trip Information

Download the mobile app

Access a wide range of global emergency assistance services from your phone by downloading the free assist america mobile app for iphone and android.



Tap for help

One-touch call to assist america's 24/7 Operations center



Voice over internet protocols

Avoid international phone charges by calling Assist america for free using a wi-fi connection



Pre-trip information

Access detailed country-specific information to prepare your trip



Travel alerts

Receive alerts on urgent global situations that may impact travel



Travel-status indicator

A gps feature letting you know when you are eligible for services



Embassy & U.S. Pharmacy locator

Locate the nearest embassy /consulate of 23 countries and pharmacies near you (u.s. Pharmacies only)



Mobile id cards

Your assist america id card is conveniently stored within the app



Available in 7 languages

The app is available in english, spanish, arabic, mandarin, thai, bahasa, and french

Enter your assist america reference number to set up the app: **01-Aa-mhp-1181**

Questions?

For questions about your Moda Health medical coverage, please contact Medical Customer Service at **503-243-3962** or toll-free at **888-217-2363**

For more information about Assist America, visit www.assistamerica.com.

To activate the services

Contact Assist America at **+1 609 986 1234** (outside USA) or **+1 800 872 1414** (Toll Free)

Use the Assist America mobile app

Email medservices@assistamerica.com

Conditions

This program is not insurance and may be changed or discontinued at any time.

Assist America pays for all the transportation services it arranges. Requests for reimbursement for medical transport or other services arranged independently by the member will not be accepted. Assist America is not responsible for the cost of medical treatments and other non-medical services received by the member upon a referral made by Assist America.

Assist America will not provide services in the following instances:

- Travel undertaken specifically for securing medical treatment
- Injuries resulting from participation in acts of war or insurrection
- Commission of unlawful act(s)
- Attempt at suicide
- Incidents involving the use of drugs unless prescribed by a physician
- Transfer of member from one medical facility to another medical facility of similar capabilities and providing a similar level of care

Assist America will not evacuate or repatriate a member:

- Without medical authorization
- With mild lesions, simple injuries such as sprains, simple fractures, or mild sickness which can be treated by local doctors and do not prevent the member from continuing his/her trip or returning home
- With a pregnancy over six months
- With mental or nervous disorders unless hospitalized

Services will not be provided for the following types of travel:

- Trips exceeding 90 days from legal residence (separate purchase of Expatriate Coverage is available at www.assistamerica.com/expatriate)

While assistance services are available worldwide, transportation response time is directly related to the location/jurisdiction where an event occurs. Assist America is not responsible for failing to provide services or for delays in the delivery of services caused by strikes or conditions beyond its control, including by way of example and not by limitation, weather conditions, availability of airports, flight conditions, availability of hyperbaric chambers, communications systems, or where rendering of service is limited or prohibited by local laws.

All consulting physicians and attorneys are independent contractors and not under the control or responsibility of Assist America.



Delight in the Details

Why miss out on life's most precious moments because of hearing loss? Many wait too long to seek help, but you don't have to. That's why Moda Health partners with TruHearing® to provide you a comprehensive hearing care solution.

The TruHearing program makes it easy



Unmatched Service

- › TruHearing guides you from first call to aftercare and beyond
- › Our Hearing Consultants schedule an exam, fitting, and follow-up with a licensed provider near you
- › We work with your health plan to help you understand your program



Hearing Aids That Enhance Life¹

- › Stream your favorite music and shows with Bluetooth®
- › Smartphone apps help you remotely adjust your hearing aids and more
- › Virtually undetectable devices that match your lifestyle



Simply State-of-the-Art²

- › The latest sound enhancement technology removes the sound of your speech from all other amplified sound to make your voice sound more natural
- › Next-gen processing technology filters noise and helps you focus on voices
- › Rechargeable battery options last from breakfast to bedtime

Check your hearing

Moda-HS.TruHearing.com



Call TruHearing to learn more and schedule an appointment

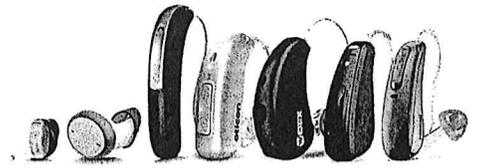
Hours:

8am–8pm, Monday–Friday

1-866-202-2170

TTY: 711

Example Savings (per aid)



Product	Retail Price	TruHearing Price	Savings
TruHearing® Advanced	\$2,720	\$1,250	\$1,470
✦ Signia® Active	\$2,339	\$995	\$1,344
Widex Moment™ 110	\$1,458	\$795	\$663
✦ Resound Key™ 4	\$2,186	\$1,070	\$1,116
✦ Phonak® Audéo® M30 R	\$1,972	\$1,250	\$722

✦ Rechargeable | Listed products are smartphone-compatible¹

How to Take Advantage of Your Hearing Benefit

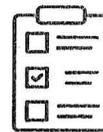
- 1 Call TruHearing
- 2 Schedule a hearing exam
- 3 Order your hearing aid
- 4 Return for fitting and programming

Call TruHearing today and Start Saving!

1-866-202-2170 | For TTY, dial 711

All appointments must be scheduled through TruHearing.

This program also includes:



- + Risk-free 60-day trial period
- + 1 year of follow-up visits
- + 80 free batteries per non-rechargeable hearing aid
- + Full 3-year manufacturer warranty

¹ Smartphone-compatible hearing aids connect directly to iPhone®, iPad®, and iPod® Touch devices. Some TruHearing models connect to Android® phones directly. Connectivity also available to many Android phones with use of an accessory. TV streaming available through most TVs with use of an accessory. In-app interfacing requires provider activation.

² Features may vary by model. Activation required.

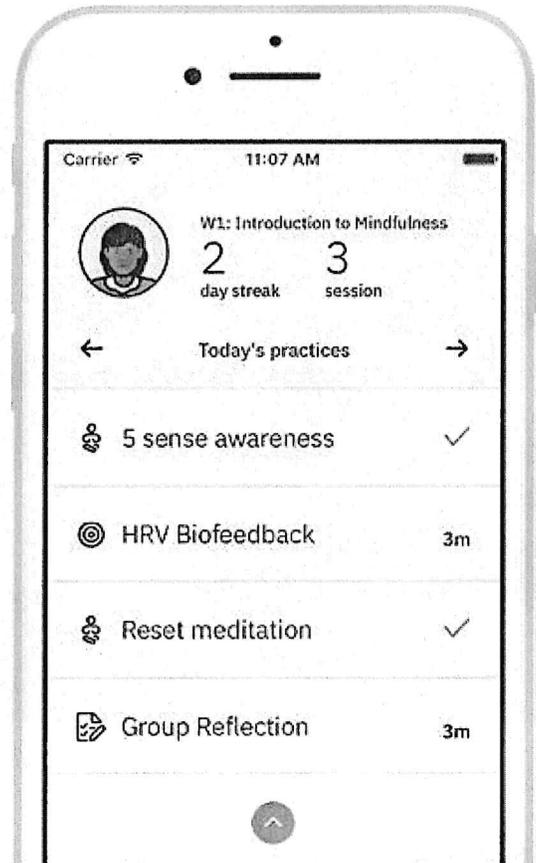
Prices and products subject to change.

Health plans provided by Moda Health Plan, Inc. Individual medical plans in Alaska provided by Moda Assurance Company.

All content ©2021 TruHearing, Inc. All Rights Reserved. TruHearing® is a registered trademark of TruHearing, Inc. All other trademarks, product names, and company names are the property of their respective owners. Retail pricing based on prices for comparable aids. Follow-up provider visits included for one year following hearing aid purchase. Free battery offer is not applicable to the purchase of rechargeable hearing aid models. Three-year warranty includes repairs and one-time loss and damage replacement. Hearing aid repairs and replacements are subject to provider and manufacturer fees. For questions regarding fees, contact a TruHearing hearing consultant. MODA_OR_1500_COM_C_F_0521

Now, you can get therapy on your smartphone!

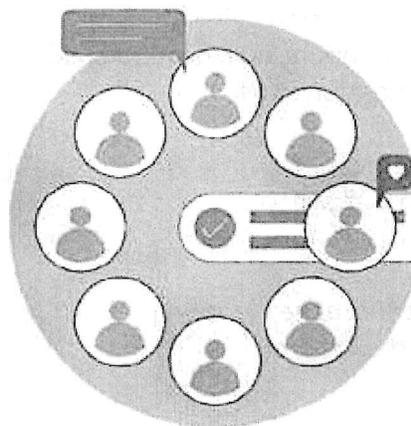
Moda Health and Meru Health offer a 12-week therapy program that is proven to reduce stress, depression and everything in between.



Wearable biofeedback training to increase focus and manage stress.



Mindfulness and behavioral techniques that can be practiced anytime, anywhere.



Confidential access to a personal, remote therapist via chat in the Meru App.



Learn more and sign up at modahealth.com/meru

8/10 of participants who complete the program improve or recover*

I experienced shame from being depressed, and could not talk about it. I often had to cancel therapy meetings because of my hectic schedule...

Communication through the Meru Health app was a good fit to my life and I gained a lot from conversations with my therapist.

- Lauri, 29



Meru Health's program is available to qualified Moda Health members 18 or older who must reside in Oregon, Washington, Idaho or Alaska during their participation. Meru Health's providers are licensed to practice in these states.

The initial call will be billed at the same Moda Health member cost share (subject to any deductible) as your in-network virtual care visit for mental health. After the initial evaluation call, this program is available at zero cost to Moda Health members.

For questions regarding your cost or benefits, call the Medical Customer Service phone number on the back of your Moda Health identification card.

To learn more and sign up for the program, visit modahealth.com/meru or take a photo to sign up with QR Code!

Note: Meru and Moda Health will not share the identity of any Moda member who enrolls in the program.



**A reduction of 5 points or greater on the PHQ-9 depression scale or 4 points or greater on the GAD-7 anxiety scale. Source: Meru Health employee population 2020 (n=90)"*

IDX™ identity protection

Keep your financial and medical information safe with IDX identity protection

IDX is the most complete identity protection service. And, as a Moda Health or Delta Dental member, you can enroll in IDX for no extra cost.

Why would you consider identity protection?

Medical identity theft is one of the fastest growing crimes in the U.S. IDX scans thousands of data sources to detect suspicious activity related to your identity. Any changes or new activity trigger an alert so you can act right away.

A service you can trust

IDX is the largest provider of data breach response services in the country. Plus, they are the only identity protection service that includes the exclusive MIDAS™ technology to monitor health claims.

Sign up today!

Just go to modahealth.com/memberdashboard and log in to your Member Dashboard. If you do not have a Member Dashboard account, you can create one there. Proceed to your account page and look for the Medical Alert ID System information. Be sure you have your member ID card with you.

Questions?

We're here to help. Call us toll-free at 888-374-8907. TTY users, please dial 711. Or, email us at memberdashboard@modahealth.com.



modahealth.com



Delta Dental of Oregon & Alaska



IDX™ identity protection

IDX features

IDX monitoring covers:

- Single bureau credit monitoring
- MIDAS health claims monitoring
- CyberScan™ dark web monitoring
- Social Security number trace
- Change in address
- Court records
- Payday loans

Privacy protection includes:

- Password Detective, which securely checks if your passwords have been compromised
- Lost Wallet Protection

Fully managed identity recovery

With limited power of attorney, the IDX team can act on your behalf, saving you stress and time.

Comprehensive insurance

Their comprehensive protection has you covered with \$1 million identity theft reimbursement insurance.

Moda, Inc. complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

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注意：如果您說中文，可得到免費語言幫助服務。請撥
電 1-877-605-3229 (聾啞人專用：711)



Never be Without a Doctor

Text a doctor for free,
24/7 with CirrusMD.



Download the CirrusMD app or connect online at modahealth.com/cirrusmd and see how easy it is to connect to a doctor in seconds!



Use CirrusMD for:

- Coughs, fevers, sore throat
- Earaches, stomach pain, diarrhea
- Rashes, allergic reactions, animal/insect bites
- Back/abdominal pain
- Sports injuries, burns, heat-related illness
- Urinary tract infections
- General health questions

Doctors are available 24 hours a day,
7 days a week.

Learn more at modahealth.com/cirrusmd



The Active&Fit Direct™ program



Stay active and fit for less

Staying fit is important to your overall health and well-being. Joining a gym can help you add more physical activity to your day.

Join a gym for \$28 a month!

As a Moda Health or Delta Dental member, you have access to the Active&Fit Direct program. With memberships starting at \$28 a month, you can choose from over 12,200 participating gyms nationwide.

The program offers:

- A free guest pass to try out a gym before joining
- A robust online library of on-demand workout videos
- Access to online directory maps and a health club locator from any device
- Online tracking from a variety of wearable fitness devices, apps and exercise equipment

Ready to join?

Log in to your Member Dashboard account.

1. Select the Fitness Tools tile on the homepage
2. Select Discounted Gym Membership

Members should contact their gym of choice before signing up to see if there are any additional membership conditions or requirements.

Initial enrollment in the standard network of gyms is \$84. This includes an enrollment fee and covers the first two months.

Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected.

A two-month commitment is required.

Applicable taxes may apply.

Additional terms and conditions apply. The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH and used with permission herein.



Health plans provided by Moda Health Plan, Inc. Dental plans in Oregon provided by Oregon Dental Service, dba Delta Dental Plan of Oregon. Dental plans in Alaska provided by Delta Dental of Alaska. Delta Dental is a registered trademark of Delta Dental Plans Association. REV 2_0740 (9/23)



Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, religion, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call:

888-217-2365 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint.

Please mail or fax it to:

Delta Dental of Oregon and Alaska
Attention: Appeal Unit
601 SW Second Ave.
Portland, OR 97204
Fax: 503-412-4003

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health
and Human Services
200 Independence Ave. SW, Room 509F
HHH Building, Washington, DC 20201
800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

Scott White coordinates our nondiscrimination work:

Scott White,
Compliance Officer
601 SW Second Ave.
Portland, OR 97204
855-232-9111
compliance@modahealth.com

DeltaDentalAK.com | DeltaDentalOR.com